

Jin Sei Kai pre-activity health declaration

To meet the requirements of Government guidance any member who wishes to take part in club training activities must complete this declaration and return it to the club's Covid19 co-ordinator. Members who have not completed the declaration will not be allowed to take part in club training.

To the best of my knowledge I do not have the symptoms of Covid19.

I agree that I will not attend JSK training sessions should I have the symptoms of Covid19 and will follow the rules to self-isolate with other members of my household and order a test to find out if I have coronavirus.

Should I develop the symptoms of Covid19 after I have attended a training session, I will share information promptly about recent contacts through the NHS test and trace service to help alert other people who may need to self-isolate. In addition, I will contact the club's Covid19 coordinator so the club can let the test and trace service know other members who might be affected.

I understand, and will abide, by current guidance on social distancing. I agree to the club sharing my contact details with the test and trace service if necessary.

My current contact number is:

Signed

Name

Date